T-SHIRT DOG TOY

Fun Facts:

- The average U.S. citizen throws away 70 lbs. of clothing each year.
- Although 95% of textiles can be recycled, only 15% are recycled or donated.

Materials:

- Old T-shirt (Use more than one shirt if you want a multicolored toy.)
- Old Tennis Ball
- Scissors

Directions:

1. Cut the bottom hem off the t-shirt and discard it. Then cut straight across the shirt from the bottom of one sleeve to the bottom of the other sleeve (armpit to armpit) so that the torso portion is separate from the upper portion of the shirt.

2. Take the upper part of the t-shirt and cut a 1" strip from sleeve to sleeve to use as a rope in assembly.

3. Cut the torso section in half to make two wide strips across from seam to seam. The width and length of the strips will vary depending on the shirt size. Cut open along only one seam to make one long strip of fabric. Do this to both pieces.

4. Lay two strips of fabric out in an X and place the tennis ball in the middle.

5. Wrap the four fabric strips around the ball and tie tightly with the rope of fabric from Step #2. Make sure it is secure by wrapping it around several times and double knotting it. Snip off the ends of this strip leaving a half inch of fabric.

For more activities, please visit us at www.alcosan.org/educational-activities.
6. Then cut each of the four strips up to where it connects to the tennis ball into three different strips. You will now have twelve total strips dangling from the tennis ball.

7. Take three strips at a time and braid them tightly the entire way from the start of the tennis ball to the ends, double knotting the ends. Do this to the remaining nine strips of fabric. You should now have four braids stemming from the tennis ball.